

Atlantic Foot and Ankle Specialists

Savannah - Hinesville - Statesboro - Pooler - Hardeeville - Montreal

Ph: 912-355-4557 Fax: 912-355-3186

NAIL SURGERY/ WOUND CARE INSTRUCTIONS

1. Keep the dressing on until the morning. In the morning, bathe or shower and remove the dressing.
2. Clean the area by applying hydrogen peroxide to a gauze sponge.
You may scrub the area gently.
3. Dry the area with a gauze sponge.
4. Apply a small amount of Neosporin cream to the area.
Cover with a gauge and a piece of tape.

Note: If you were dispensed Poly-Mem bandages, you do not need to apply Neosporin cream,
you ONLY need to apply the Poly-Mem bandage.

5. Repeat above process once daily until your next follow-up visit.
6. You can expect to have redness, swelling, and drainage **up to 2 weeks** after your procedure. If you experience **increasing** pain or swelling, please contact the office before your follow up appointment.

*** You will be more comfortable if you limit your activities for the next 48 hours.**

*** You can take one pain tablet (Tylenol, if no other recommendation is made) when the toe starts to tingle.**